

Primary 1

Discover

First Term

(Science and Social Studies)

Name:-----

Class:-----

Theme1: Who am I?

Chapter1: All about me

Lesson 1 :Speak about yourself

I go to St.Joseph School. I am in first primary. I have got long hair. I have got two eyes. I love my family.

What is your name?

What is the meaning of extended family?

Father –mother – brother- sister –
grandma – grandpa –aunt- uncle .

Exercise

Complete:

(First primary-two-family-St.Joseph)

1 – I go to -----School.

2 – I am in the -----

3 – I have got -----eyes.

4 – I love my -----

Choose:

1 – Extended family is a -----

(Big family – small family)

2 – I have got -----eyes.

(Two – three-four)

Lesson 2: Five senses

- 1 – I can see with my eyes.
- 2 – I can hear with my ears.
- 3 – I can touch with my hands.
- 4 – I can smell with my nose.
- 5 – I can taste with my tongue.

-How many senses do you have?

Five senses.

-What are the five senses?

- 1 – Sight
- 2 – Hearing
- 3 – Smell
- 4 – Taste
- 5 – Touch

Exercise

Put (/)or (x):

- 1 – We have four senses. ()
- 2 – We can see with our eyes. ()
- 3 – We can hear with our hands. ()
- 4 – We can taste with our tongue. ()

Choose:

- 1 – We have -----senses. (five – four)
- 2 – We can see with our (eyes – ears)
- 3 – We can hear with our (eyes – ears)
- 4 – We can smell with our (nose – tongue)
- 5 – We can taste with our (nose – tongue)
- 6 – We can touch with our (tongue - hands).

Match:

- 1 – We can see with our () hands.
2 – We can hear with our () tongue.
3 – We can smell with our () nose.
4 – We can taste with our () ears.
5 – We can touch with our () eyes.

Complete:

(Taste – smell – hear – touch – see)

- 1 – I can -----with my hands.
2 – I can -----with my tongue.
3 – I can -----with my nose.
4 – I can -----with my ears.
5 – I can -----with my eyes.

Lesson3:How do you respect your family?

1 – I listen to my father.

2 – I help my mother.

3 – I play with my brother and sister.

-Speak about your friend ?

1 – She is beautiful.

2 – She is helpful.

3 – She is friendly.

4 – I play with her.

5 – I love her.

Exercise

Choose:

1 – How do you respect your family ?

(I don't help my mother – I listen to my father).

Put (/) or (x):

- 1 – I don't help my mother ()
- 2 – I play with my brother ()
- 3 – I don't love my friend ()
- 4 – My friend is helpful ()
- 5 – I hate my friend ()
- 6 – I listen to my mother ()
- 7 – I go to school in the morning ()
- 8 – I have got six senses ()

Lesson4:Speak about Nefertiti

She was a queen of Egypt.

She was a wife of Pharaoh Akhenaton.

She was beautiful.

She was strong.

She had six daughters and one son.

Exercise

Choose:

1 – Nefertiti was-----

(a teacher –a queen – a doctor).

2 – Nefertiti's husband was-----

(Magdi Yacoub – Akhenaton).

3 – Nefertiti was-----

(beautiful – ugly).

4- She had got -----daughters.

(eight – six)

Put (/) or (x) :

- 1 – Nefertiti had three sons. ()
- 2 – Nefertiti was a queen of Egypt. ()
- 3 – Nefertiti was a wife of pharaoh Akhenaton. ()
- 4 – Nefertiti was ugly. ()
- 5 – Nefertiti had six daughters. ()
- 6 – Nefertiti had two sons. ()
- 7 – Nefertiti was strong woman. ()
- 8 – Nefertiti's husband was Akhenation. ()

Lesson 5 : What do you know about Magdi Yacoub?

He is a famous doctor.

He treats poor people without any money.

He built a big hospital in Aswan .

Exercise

Choose:

1 – Magdi Yacoub is a-----
(singer – doctor – actor)

2 – Magdi Yacoub built a big -----
(house – factory – hospital)

3 – Magdi Yacoub helps -----
people. (poor – rich)

Put (/)or (x):

1 – Magdi Yacoub is a singer ()

2 – Magdi Yacoub is a famous doctor ()

3 – Magdi Yacoub is farmer. ()

4 – Magdi Yacoub treats poor people.()

5 – Magdi Yacoub treats poor people
without any money. ()

6 – Magdi Yacoub built a big hospital in
Luxor. ()

7 – Magdi Yacoub built a big hospital in
Aswan. ()

8 – Magdi Yacoub is a good person. ()

9 – Magdi Yacoub is a clever doctor. ()

Theme1: Who am I?
Chapter2: Family tree

Lesson 1: Speak about your daily routine

I get up early.

I go to school.

I meet my friends.

I listen to my teacher.

I go back home.

I do my homework.

I watch TV.

I play with my brother and sister.

I go to bed.

Exercise

Put (/) or (x):

1 – I get up early. ()

2 – I don't go to school. ()

3 – I meet my grandmother in the school. ()

4 – I go to bed at night. ()

Complete:

(home– listen – homework – go – early)

1 – I get up -----.

2 – I ----- to school.

3 – I ----- to my teacher.

4 – I do my -----.

5 – I go back -----.

Choose:

1 – I meet my -----in the school. (friends – grandmother)

Lesson2 :Adults and babies

A seed grows into a plant.

A kitten grows into a cat.

A puppy grows into a dog.

A pony grows into a horse.

A chick grows into a chicken.

Exercise

Choose:

1– A kitten grows into a -----.

(puppy – pony – cat)

2– A puppy grows into a-----.

(pony – dog – cat)

3– A baby chicken is a -----.

(pony – chick)

4 – A baby horse is a -----.

(pony – cub)

Put (/) or (x) :

- 1 – A seed grows into a child. ()
- 2 – A chick grows into a chicken. ()
- 3 – A pony grows into a dog. ()
- 4 – A baby cat is a chick. ()
- 5 – A baby dog is a kitten. ()

Match:

- 1 – A baby cat is () a pony.
- 2 – A baby dog is () a chick.
- 3 – A baby chicken is () a puppy.
- 4 – A baby horse is () a kitten.

Lesson 3: Speak about life stages of a human

A baby grows into a child.

A child grows into a teenager.

Teenager grows into adult.

Exercise

Choose:

1 – A child grows into -----

(a teenager – pony – cat)

2 – A teenager grows into -----

(horse – puppy – adult)

Put (/) or (x):

1 – A child grows into teenager. ()

Lesson4:A bean seed life cycle

- 1 – A bean seed absorbs water from the soil.
- 2 – It swells up.
- 3 – Small stem pushes up the ground.
- 4 – Adult plant grows flowers and beans.

Exercise

Complete:

(pushes – swells – grows – absorbs)

- 1 – A bean seed ----- water from the soil.
- 2 – It -----up.
- 3 – Small stem -----up the ground.
- 4 – Adult plant ----- flowers and beans.

Theme1 :

Who am I?

Chapter3 :

Who are we?

Lesson1 :Living organism and non living things

1 – Living organism

*What are the properties of living organism?

They can respire.

They can eat.

They can move.

They can grow.

They can reproduce.

*Examples for living organism:

1 – people

2 – Animals

3 – plants

4 – Birds

2 – Non living things:

*What are the properties of non living things?

They can't respire.

They can't eat.

They can't move.

They can't grow.

They can't reproduce.

*Examples for non living things:

1 – Chair

2 – table

3 - door

Exercise

Choose:

1 – A car is a -----
(living organism – non living things).

2 – My brother is a-----
(living organism – non living things).

3 – A lion -----
(can move – can't move).

Put (/) or (x) :

1 – Houses and cars can respire. ()

2 – Balls and books do not eat or grow. ()

3 – Chairs and cats are non living things.()

4 – Toys and dolls do not move . ()

5 – A computer can reproduce. ()

6 – Living things cannot respire. ()

7 – Non – living things can eat. ()

8 – A cat is a living thing. ()

9 – A robot is a living thing. ()

10 – Living things need food to grow. ()

Fill the table:

Puppy – house – car – ball – monkey –
horse – book – chair – toy – lion –
computer – doll .

Living organisms	Non living things

Complete the sentences with can or cannot.

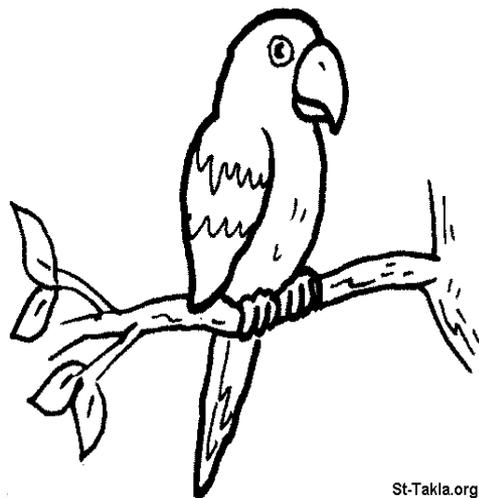
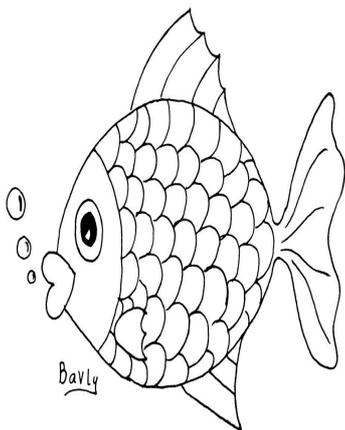
1 – A car -----eat.

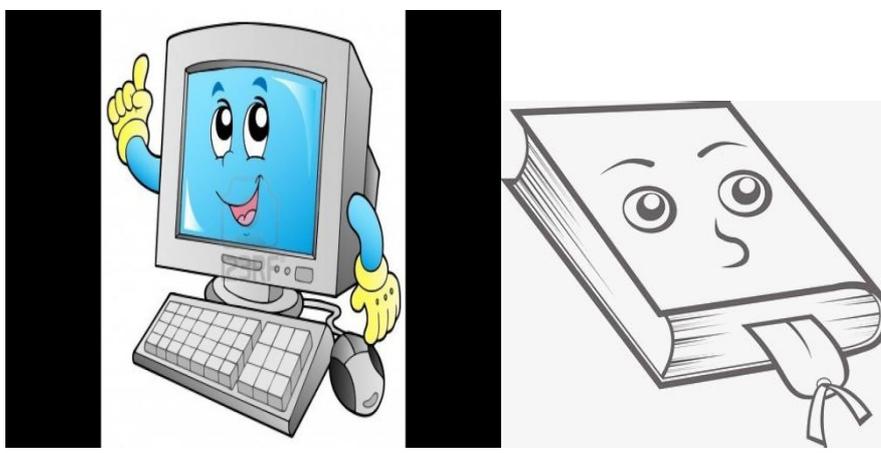
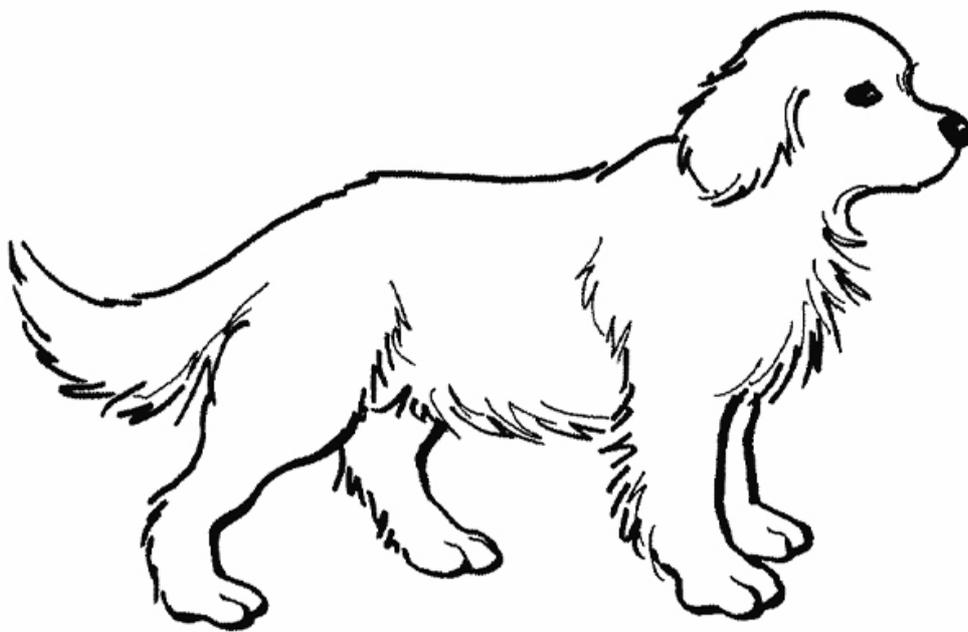
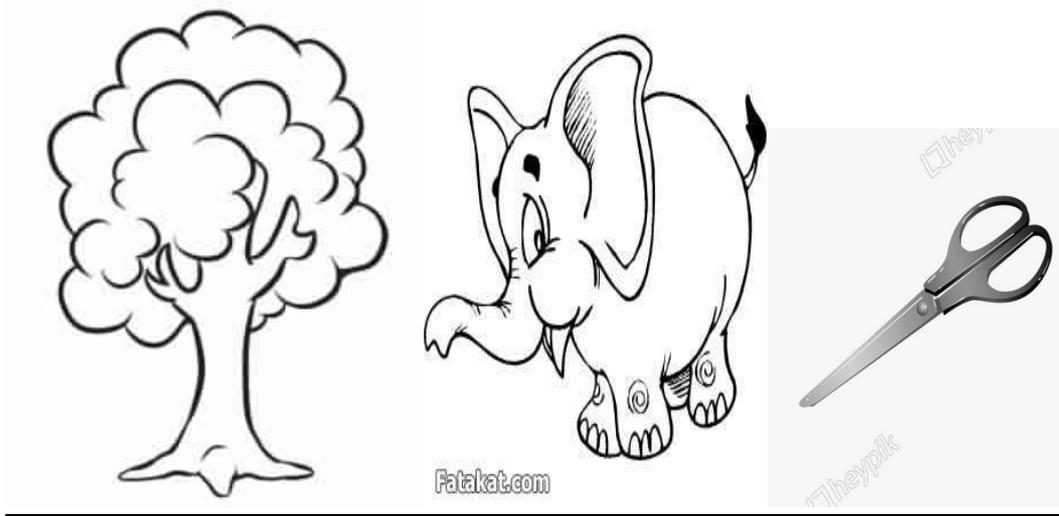
2 – Living things -----move.

3 – Books -----respire.

4 – Trees -----grow.

Colour the living things in the picture below.





Theme1

Who am I?

Chapter4

:Our community

Lesson1 :Rules

*At home

1 – I help my family.

2 – I arrange my things.

*At school

1 – I respect the environment.

2 – I study well.

*Jobs in our community:

Teacher

Doctor

Builder

Police officer

Farmer

Exercise

Put (/) or (x):

- 1 – I don't help my family. ()
- 2 – I study well. ()
- 3 – I respect the environment. ()
- 4 – I arrange my things. ()
- 5 – Doctor treats sick people. ()

Complete:

1 – Jobs in our community such as -----
----- and-----

Choose:

1 – I help my family -----
(at home – at school)

Lesson2 :The matter

1 – Matter: is everything around us.

2 – How many states of matter?

Three states

3 – What are the three states of matter?

1 - Solid

2 - Liquid

3 - Gas

4 – Examples of solid:

Plastic

Wood

5 – Examples of liquid:

Water

Juice

Oil

6 – Examples of gas:

- Water vapor
- oxygen

Exercise

Put (/) or (x):

- 1 – A car is a matter. ()
- 2 – Milk is solid. ()
- 3 – Matter is everything around us. ()
- 4 – There are four states of matter. ()

Choose:

1 - ----- is liquid.

(Wood – Plastic – Milk)

2 - -----is liquid.

(Door – Book – Water)

3 - -----is gas.

(Oil – Wood – Oxygen)

Match:



Solid



Liquid



Gases

Theme2:

The world around me

Chapter1:

Our environment

Lesson1 : Animals

1 – Some animals live in the delta such as cows , goats and sheep.

2 – Some animals live in the desert such as camels.

3 – Some animals live in the jungle such as wolves , tiger and elephants.

4 – Some animals live in the water such as fish and jellyfish.

5 – Pets are animals that we can keep at home such as cats , dogs and parrots.

Exercise

Put (/) or (x):

1 – Not all animals are living things. ()

2 – Animals need air to respire. ()

3 – Animals eat , move and reproduce.()

4 – Elephants and tigers live in the delta.
()

5 – Animals are living things. ()

6 – All animals are pet animals. ()

Choose:

1 – Animals are -----things.

(living – non living)

2 – We can keep ----- at home.

(tigers – parrots)

3 – camels live in the -----.

(delta – desert)

4 – cows live in the -----

(delta – desert)

Fill in the table:

Camel– cow – goat - sheep

Delta animals	Desert animals

Lesson2: How can we prevent pollution?

1 – We should not throw rubbish into rivers.

2 – People can recycle cans , bottles and news – papers .

3 – We should not make noise.

Exercise

Put (/) or (x):

1 – We should make noise. ()

2 – We should not throw rubbish into rivers . ()

3 – People can recycle old clothes. ()

Theme2:

The world around me

Chapter2:

Moving around our
environment

Lesson1:Parts of a plant

1 – The plant consists of two systems.

2 – What are the two systems of plant?

Shoot system - Root system

3 – Shoot system consists of:

Stem – leaves – flower – fruit

4 – Root system consists of : Roots

5 – What's the function of ?

The roots : absorb water from the soil.

The stem : carries water from roots to leaves.

The leaves: plants make their own food in the leaves.

The flowers: produce fruits.

6 – Shoot system grows above the soil.

7 – Root system grows under the soil.

Exercise

Put (/) or (x):

1 – The roots produce fruit. ()

2 – Leaves make food for the plant. ()

3 – Shoot system grows above the soil. ()

4 – Root system grows above the soil. ()

Complete:

The shoot system – Flowers – The roots

1 - ----- produce fruits.

2 - ----- absorb water
from the soil.

3 - ----- consists of
stem – leaves – flower – fruit.

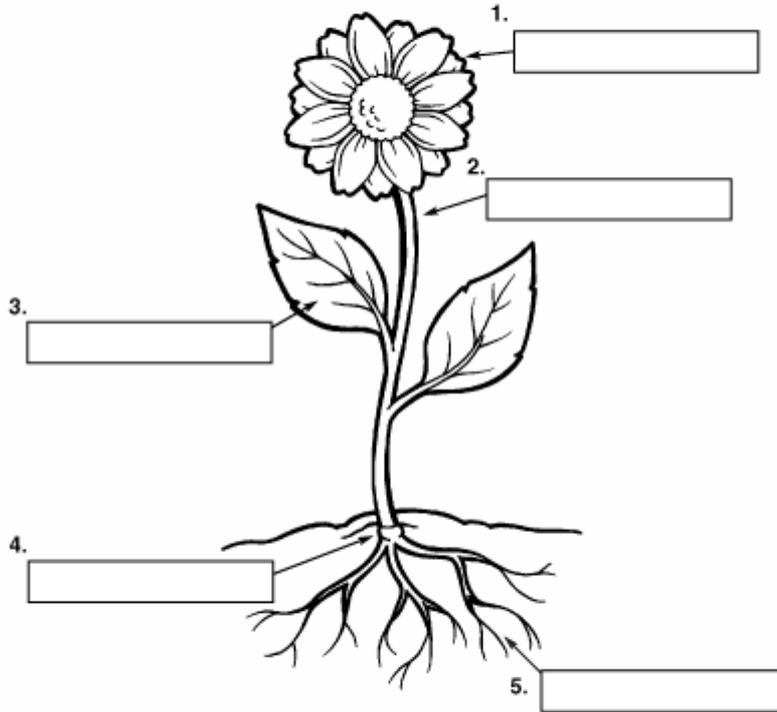
Complete:

Life Science



Parts of a Plant

Directions: Cut out the word cards below. Glue them in the correct places so the parts of the plant are labeled.



roots **leaf** **stem**

flower **seed**

#3706 Cut & Paste Science

60

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Lesson2:Parts of animals

1 - Animals' parts help them to move such as parrots' wings and fish's fins.

2 – Animals' parts help them to eat such as lion's teeth and giraffe's neck.

3 – Animals' parts help them to protect such as kangaroo's pouch and fish's scales.

Exercise

Put (/) or (x):

1 – Animals' parts help them to move only. ()

2 – Parrots' wings help them to eat. ()

3 – Fish's fins help them to move. ()

4 – Giraffes' neck help them to eat. ()

Choose:

1 – Kangaroos' pouch help them to -----

(move – eat – protect)

2 – Fish's scales help them to-----

(move – eat – protect)

3 – Parrots' wings help them to -----

(move – eat – protect)

4 – Fish's fin help them to -----

(move – eat – protect)

5 – Lions' teeth help them to -----

(move – eat – protect)

6 – Giraffes' neck help them to -----

(move – eat – protect)

Lesson3:Animal movement

1 – Some animals can walk , run and hop

Such as penguin, bears , elephants and frogs.

2 – Some animals can fly such as butterflies , owls and parrots.

3 – Some animals can swim such as dolphins and fish.

Exercise

Choose:

1 – Butterflies can -----

(fly – swim – walk)

2 – Elephants can -----

(walk – fly – swim)

3 – Fish can -----

(walk – fly – swim)

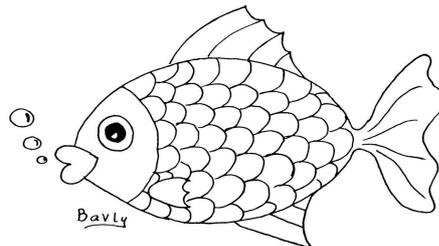
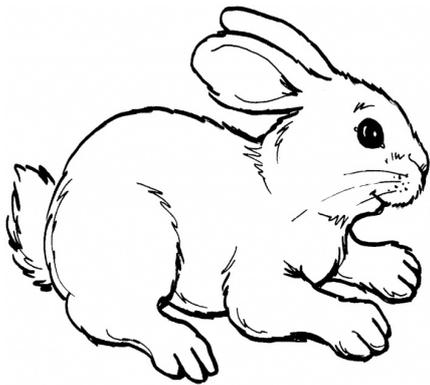
Put (/) or (x):

1 – Owls can walk. ()

2 – Dolphins can swim. ()

3 – Elephants can walk. ()

Colour the animals can fly



Lesson4:Transportation

1 – People travel by cars, airplanes , trains , boats , buses and bicycles.

2 – Some transports cause pollution such as cars and train.

3 – Some transports doesn't cause pollution such as bicycle.

Exercise

Put (/) or (x):

1 – Transports are very important in our life. ()

2 – Some transport don't cause pollution such as car. ()

3 – People travel by car. ()

4 – Some transports cause pollution such as car. ()

Draw forms of transportation

On land



In the air



In water



Theme2:

**The world around
me**

Chapter3:

**Growing food in the
world around us**

Lesson1:SEASONS

- 1 – There are four seasons in the year.
- 2 – They are spring , summer , autumn and winter.
- 3 – In summer , days are hot, trees have green leaves.
- 4 – In autumn, leaves dry and fall to the ground.
- 5 – In winter, days and nights are cold. Most trees have no leaves.
- 6 – In spring, plants start to grow.

Exercise

Put (/) or (x):

- 1 – Rain falls in winter. ()
- 2 – Trees have no leaves in spring. ()
- 3 – In autumn, plants start to grow. ()
- 4 – In summer, days are cold. ()
- 5 – In winter, days and nights are cold. ()
- 6 – Most trees have no leaves in winter.()
- 7 – Plants start to grow in spring. ()

Choose:

- 1 – Days are hot in -----
(summer – autumn – winter)
- 2 – Leaves dry and fall in -----
(summer – autumn – winter)
- 3 – Days and night are cold in -----
(summer – autumn – winter)
- 4 – Plants start to grow in -----
(summer – autumn – winter)

Lesson2: Fruits and vegetables

1 – Some fruits and vegetables grow in summer such as mango , cucumber, watermelon and grapes.

2 – Some fruits and vegetables grow in winter such as banana and orange.

3 – What's the job of the farmer?

A farmer grows fruits and vegetables.

4 – What are farmer's tools?

Watering can , tractor and axe.

Exercise

Put (/) or (x):

1 – Some fruits and vegetables grow in the summer such as orange. ()

2 – Some fruits and vegetables grow in the summer such as cucumber and watermelon. ()

3 – A farmer's tools are axe and tractor ()

Fill in the table:

Orange – mango – cucumber – banana – watermelon – grapes

Summer	Winter

Choose:

1 – A farmer's tools are-----

(tractors and axes – oranges and bananas

2 - ----- grows in summer.

(oranges – bananas – mangos)

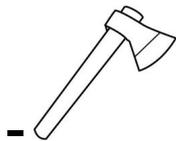
3 - -----grow in summer

(Mangos – Bananas – Grapes)

4 – A farmer works at -----

(hospital – farm – factory)

Complete: (watering can – axe – tractor)



Lesson3: Healthy food and unhealthy food

1 – Healthy food is very important for our body such as :

Meat

Eggs

Carrot

Apple

Orange

Milk

2 – Unhealthy food such as:

Chocolate

Lollipop

Fizzy drinks

Sausages

Exercise

Put (/) or (x):

- 1 – Chocolate is/are unhealthy food. ()
- 2 – Sausages are healthy food. ()
- 3 – Orange is/are healthy food. ()
- 4 – Burger is/are healthy food. ()

Choose:

1 - ----- is unhealthy food.

(Lollipops – Oranges – Carrots)

2 - -----are/is healthy food.

(Sausages – Chocolate– Eggs)

3 - -----are/is unhealthy food.(Apple – Milk – Chocolate)

4 - -----are/is healthy food.

(Fizzy drinks – Eggs – sausages)

Fill in the table:

Lollipop – Orange – Carrot – meat – eggs –
sausages

Healthy food	Unhealthy food

Lesson4:Plants

Plants need sunlight ,air, water and soil to grow.

The uses of plants

1 – Plants are used in making shelter , food, medicine , fuel and clothes.

Exercise

Put (/) or (x) :

- 1 – Plants need sunlight only to grow. ()
- 2 – Water is very important for plants. ()
- 3 – Plants are used in making medicine.()
- 4 – Plants need water and air only to grow. ()
- 5 – Plants do not need sunlight to grow.()
- 6 – Plants are used in making food only.()

Choose:

1 – Plants are used in making -----

(car – bridge – food)

2 – Plants need -----to grow.

(water – juice – milk)

3 – Plants are used in making -----

(air – sunlight – medicine)

Complete:

(Air – food – medicine – sunlight – soil –
water)

1 – Plants are used in making -----

and -----

2 – Plants need ----- , -----

, ----- and -----

Theme2:

The world around

me

Chapter4:

Celebrating the

world around us

Lesson1: Egyptian feasts

Speak about Eid Al-Adha

- 1 – It is Eid Al – Adha.
- 2 – Families celebrate together.
- 3 – They pray together.
- 4 – They witness the sacrifice of the sheep.
- 5 – They eat Fattah.
- 6 – Children get new clothes.
- 7 – Children get Eid – ey – yah.

Exercise

Choose:

1 – Children get -----clothes.

(old – new – heavy)

2 – They eat -----.

(Fattah – chocolate – sausages)

3 – Families celebrate -----.

(alone – together)

Complete:

(clothes – Eid ey yah – families)

1 - -----celebrate together.

2 – Children get -----.

3 – Children get new -----.

Put (/) or (x):

1 – Families don't like Eid Al – Adha. ()

2 – Children get old clothes in Eid Al –
Adha. ()

Lesson 2: Speak about Christmas

- 1 – It is Christmas.
- 2 – Families celebrate together.
- 3 – They pray together.
- 4 – They eat meat.
- 5 – They say Merry Christmas.

Exercise

Put (/) or (x):

- 1 – Families don't celebrate together. ()
- 2 – They eat meat. ()

Complete:

(Families – Christmas – pray – meat)

- 1 – It is -----.
- 2 – They -----together.
- 3 - -----celebrate together.
- 4 – They eat -----.

Lesson3:Speak about some of the Egyptian traditions

- 1 – One traditional song is about the life of Beni Helal.
- 2 – The singer plays the Rababa.
- 3 – Koshari is a traditional Egyptian dish.
- 4 – Women in Alexandria used to wear melaya laf.
- 5 – Men used to wear galabiyas.



Exercise

Choose:

1 – Men used to wear -----

(melaya laf – galabiyas)

2 – Women in -----used to wear melaya laf. (Alexandria – Giza)

3 – The singer plays the -----

(guitar – Rababa)

4 - ----- is a traditional Egyptian dish.(Burger – Koshari)

Complete:

(galabiyas – Koshari – Women)

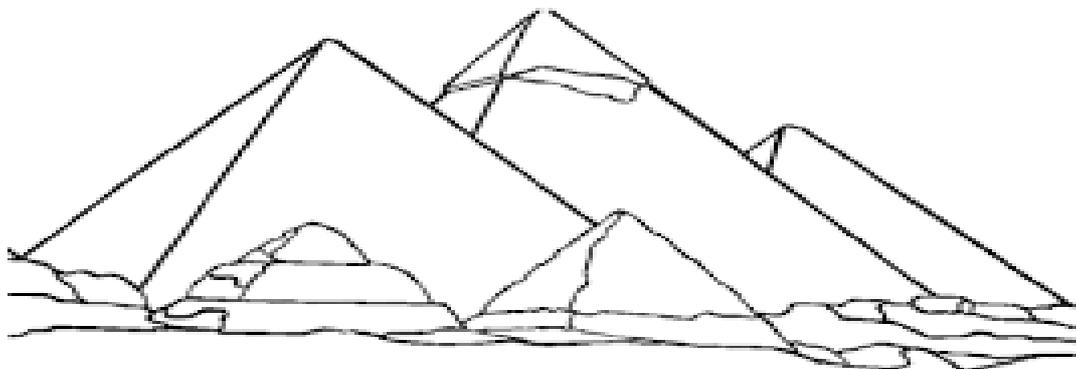
1 - ----- in Alexandria used to wear melaya laf.

2 - ----- is a traditional Egyptian dish.

3 – Men used to wear -----

Lesson 4: Speak about the pyramids

- 1 – The pharaohs built the pyramids.
- 2 – They built the pyramids as tombs.
- 3 – They put mummies inside the pyramids.
- 4 – They put treasures inside the pyramids
- 5 – There are three pyramids in Giza.
- 6 – The pyramids are one of the seven wonders of the world.



Exercise

Choose:

1 - ----- built the pyramids.

(Mummies – Pharaohs – Teachers)

2 – They put -----inside the pyramids.(treasures – cars – ships)

3 – There are three pyramids in -----.

(Gharbia – Sharkia – Giza)

4 – There are -----pyramids in Giza.(four – two – three)

Put (/) or (x):

1 – The pharaohs did not put mummies inside the pyramids. ()

2 – The pyramids are one of the seven wonders of the world. ()

Lesson4:Speak about the Sphinx

- 1 – The Sphinx is a mythological figure.
- 2 – It looks like a lion with a human head.
- 3 – It is located in Giza.
- 4 – The pharaohs built the Sphinx in the reign of the pharaoh Khafre.
- 5 – It is popular in Europe and all over the world.



Exercise

Complete:

(Khafre – Giza -a mythological – Sphinx)

1 – The pharaohs built-----in
the reign of the pharaoh -----

2 – The Sphinx is located in -----

3 – The Sphinx is ----- figure.

Put (/) or (x):

1 – The Sphinx isn't popular in Europe.()

2 – The Sphinx is located in Giza. ()

Revision

Put (/) or (x):

- 1 – A pony grows into a cat. ()
- 2 – A baby grows into a child. ()
- 3 – Orange juice is solid. ()
- 4 – My cat is living organism. ()
- 5 – Living organisms can respire. ()
- 6 – Roots carry water to the leaves. ()
- 7 – Flowers produce fruits. ()
- 8 – Plant consists of three systems. ()
- 9 – There are four states of matter. ()
- 10 – I have got five senses. ()

Choose:

- 1 – A teenager grows into -----
(a cat – a dog – an adult)

2 – I can see with my -----
(eyes – ears – hands)

3 – Monkey is -----
(living organism – non living things)

4 – Shoot system grows -----the soil.
(above – under)

5 – The plant consists of -----systems.
(two – three – four)

6 – The pharaohs built -----
(the Sphinx and the pyramids – pyramids
only)

7 – Water vapour is -----
(gas – solid – liquid)

8 – Oxygen is-----
(gas – solid – liquid)

Complete:

(Giza – The pharaohs)

1 - -----built the pyramids.

2 – The Sphinx is located in -----

Fill in the table :

orange – chocolate – chips – carrot –
burger – apple – meat – eggs

Healthy food	Unhealthy food

Match:

- | | |
|-------------------------|--------|
| 1 – I can see with my | tongue |
| 2 – I can hear with my | nose |
| 3 – I can touch with my | ears |
| 4 – I can taste with my | eyes |
| 5 – I can smell with my | hand |